

Understand the well-being of your professionals and organization.

Get essential insights, strategies, and expert guidance to foster a workplace culture of wellness.



Uncover the drivers of employee distress



Discover the groups most in need of support



Develop and implement a data-backed action plan



Measure the effectiveness of your initiatives over time

“It is not possible to know how an organization—or any part of that organization—is performing without measurement of clinician well-being and burnout. Measurement is essential.”

National Academy of Medicine

The leading well-being solution for healthcare organizations.

See the full picture of your professionals' well-being.

Go beyond burnout and get actionable insights into multiple dimensions of distress and well-being, offering the most complete view of your teams' wellness.

Gain advanced wellness insights.

Make informed decisions with real-time analytics and benchmarking designed to help you understand and improve the well-being of your teams.

Provide a seamless assessment experience.

Give your team members a simple, straightforward way to keep a pulse on their well-being: anonymous 1-minute assessment, custom wellness resources, ongoing progress tracking, and more.

Partner with a team of experienced organizational wellness experts.

Adopt an evidence-based well-being framework guided by a dedicated team to put your insights into action.

Invented by Mayo Clinic, trusted by thousands.

From small teams and individual departments to full institutions and entire health systems, the Well-Being Index is designed to help groups of any size understand and promote professional well-being.

 Nearly 1 million assessments completed

 Used by 1,000+ healthcare organizations every day

 Custom partner plans designed to meet your unique needs and goals

Fulfill your moral obligation as a leader.

Recent studies stress that ethical leadership practices such as ensuring access to evidence-based mental health support boosts job satisfaction and emotional commitment among clinicians.

“An improved clinician experience is a critical component of the overall delivery of high-quality healthcare.”

Dr. Keith Frey

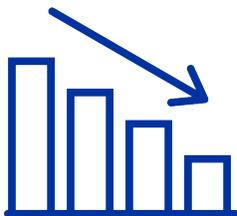
Chief Medical Officer at CommonSpirit Health



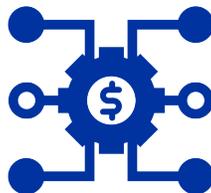
Protect the financial well-being of your organization.

Not only is it an ethical responsibility to promote professional well-being, research also shows that the business case for organizational investment in clinician mental health support has never been greater.

With the Well-Being Index, you can:



Measure the financial impact of clinician burnout



Guide appropriate investment to address the problem



Prove return on investment to secure buy-in from key stakeholders

Learn more and talk to an expert at www.mywellbeingindex.org.